


## Knowledge and skills template for healthcare professionals performing vascular checks in primary care

<b>To manage CVD risk and undertake vascular checks in primary care*</b>		
 <div style="display: inline-block; vertical-align: middle; margin-left: 20px;"> <p style="font-size: small; text-align: center;"><i>Place a tick in the right hand column every time you identify a gap in your knowledge and / or skills. Use this data to inform your professional development plan and support your case for education.</i></p> </div>		
You need to know:	What cardiovascular disease is, how it burdens our society (epidemiology) and the policy background	<input type="checkbox"/>
	The anatomy and physiology of the cardiovascular system	<input type="checkbox"/>
	About risk factors including absolute and relative risk	<input type="checkbox"/>
	Be familiar with the evidence base for management of CVD risk	<input type="checkbox"/>
	What drugs are appropriate for treatment, anti hypertension, anti platelet, lipid lowering, smoking cessation, obesity and your role as a primary care provider of pharmacological CVD risk management	<input type="checkbox"/>
	Which non – pharmacological interventions and support are appropriate and how to engage with patients	<input type="checkbox"/>
	When to refer and how	<input type="checkbox"/>
You need to be able to:	Assess risk and undertake investigations	<input type="checkbox"/>
	Use risk assessment calculators and tools	<input type="checkbox"/>
	Use a partnership approach to help individuals identify and manage their risk	<input type="checkbox"/>
	Facilitate behaviour change and supported self care	<input type="checkbox"/>

\*Based on the latest evidence, policy and clinical guidelines and extracted from the Education for Health Level 2 (Diploma) CVD Risk Module which has been independently reviewed by leading clinicians and educationalists, and academically accredited and quality assured by the Open University