



Bev Cox,
Clinical Lead,
CHD, Heart Failure and Diabetes
b.cox@educationforhealth.org.uk



education for health

Pioneering primary care education
1987 - 2007

Coronary Heart Disease – Stop the clot!

The Department of Health kicked 2007 off to a good start by announcing in the report ‘Shaping the Future’ that Coronary Heart Disease (CHD) deaths have fallen by 35% since 1996. It is great to know that we might exceed the target for a 40% reduction set in 2000 in the National Service Framework for Coronary Heart Disease. However, whilst celebrating our success we should remember that the real winners are the people whose lives have been saved by improved care and services, including the increased use of guidelines.

Nonetheless, there is no time for complacency. The recommendations from the Joint British Society 2 guidelines suggest that tighter targets for blood pressure, lipids and blood glucose may be needed. In addition, the continuing issues around obesity and low activity levels, particularly in children and adolescents, cause concern for the future.

Developing and maintaining the skills of people working with CHD is essential if we are to continue to provide a high quality service and is a priority for all health professionals in both primary and secondary care.

Educating and informing patients and carers is also a key role for health professionals managing and supporting patients with CHD.

To support you in delivering optimal care for your CHD patients Education for Health provides a six month 30 credit CHD Diploma level course which can be studied as a stand alone module or as an integral part of the Diploma of Health Education in Cardiovascular Disease.



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www educationforhealth.org.uk

Tel 01926 493313

Email cvd@educationforhealth.org.uk